

SUNCROFT ATHLETIC CLUB

CODE OF CONDUCT FOR ATHLETES

- To learn the rules & play within them.
- Not to argue with officials.
- Recognise good performance, not just results.
- Set a good example by recognising fair play & applauding the good performances of all.
- Never belittle another athlete for losing or making mistakes.
- Use correct & proper language at all times.
- Encourage & guide other athletes to accept responsibility for their own performance & behaviour.
- Respect coaches & volunteers at the club.
- Endeavour to complete the coaches instructions in a constructive manner that does not disrupt or delay the training in progress.
- No use of mobile phones during training.
- To advise coaches/club officials of any injuries or illnesses that could affect the athlete by taking part in training or competition.

Signed..... Name.....Date.....

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